



Vena Howard

SAG-AFTRA

(708) 309-1426

venahowardacts@gmail.com

Height: 5'8

Weight: 130 lbs

Television

Chicago Med	Recurring Co Star	NBC Universal
The Chi	Recurring Co Star	Twentieth Century Fox

Short Film

The Funnel	Supporting	Black Harvest Film Festival
7:11	Lead	Independent Short

Theater

Spell No. 7	Lily	Fleetwood-Jourdain Theatre
Last Days of Judas Iscariot	Saint Monica, Gloria, & Others	Stella Adler Conservatory Reh Proj.

Other Experience

National Society of Arts and Letters (Regional monologue competition)

Training

Stella Adler Professional Conservatory (NYC)	Voice- <i>Joe Goscinski/Pete McElligot</i> Scene Study- <i>Michael Grenham/Shawn Williams</i> Shakespeare- <i>Ian Hershey/Kern McFadden</i>
Stella Adler Summer Conservatory (NYC)	On Camera Technique- <i>Elizabeth Inghram</i> Movement- (<i>Laban Technique</i>)- <i>Nick Piacente</i>
Black Box Acting Academy Vagabond School of the Arts Vagabond School of the Arts F.A.M.E. Foundation The Last Acting Studio, LA	Meisner Training- <i>Eric Gerard</i> Scene Study Pro- <i>Patrick Mulvey</i> On Camera 1-3- <i>Maura Kidwell/ Robyn Coffin</i> Scene Study intensive- <i>Brenda Pickleman</i> Private Coaching w/ <i>Desean Terry</i>

Awards/Honors

Sonia Sanchez Scholarship Fund (Stella Adler Professional Conservatory, Full Scholarship)
Lena Waithe's Hillman Grad Mentorship Program (Finalist)

SPECIAL SKILLS: SOCIAL: Working w/children on the Autistic Spectrum, Experience working in an inpatient/outpatient mental facility, SPORTS:General Tennis, Basketball, Competitive Cheer, DIALECTS:New England dialects, New York, and Southern